# **New Screeings to Help Manage Your Health**

OFFERS EARLY DETECTION AND PEACE OF MIND

## PREVENTATIVE VASCULAR SCREENINGS

## ANKLE-BRACHIAL INDEX (ABI)

\$50

What is it? An ABI test helps evaluate peripheral arterial disease (PAD). It is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, and stroke.

Who's at increased risk?

- Family history of cardiovascular disease or stroke
- Tobacco usage (past or present)
- High cholesterol
- Diabetes
- Obesity
- High blood pressure

## **CAROTID ARTERY SCAN**

\$50

What is it? Ultrasound of the carotid arteries in the neck, screens for buildup of plaque called atherosclerosis, which is one the leading causes of stroke.

Who's at increased risk?

- Age 55+
- Family history of cardiovascular disease, heart disease, or stroke
- Smoking (past or present)
- High Blood Pressure
- Diabetes
- High Cholesterol
- Obesity

Vascular screening identifies arterial plaque, indicating cardiovascular disease risk. Early detection aids in cholesterol management and prevents heart attacks and strokes. Preventative Vascular Screenings are available Monday -Thursday from 8am - 4pm and are cash pay due at time of service. These screenings are not billable through insurance. Results are mailed to you.

## **ABDOMINAL AORTIC ANEURYSM SCAN (AAA)**

\$50

What is it? Ultrasound of the abdominal aorta to screen for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threating medical condition.

Who's at increased risk?

- High blood pressure
- Smoking
- High cholesterol
- Obesity
- Emphysema

· Genetic factors Gender (males have



Most people have little to no symptoms leading up to stroke, aneurysm, and peripheral arterial disease, which is why it's important to get screenings. If you are at increased risk or have known disease, yearly screenings are generally recommended. Call radiology M-F 8:00am-5:00pm 970-854-9729 with questions or to schedule an appointment.

# Imaging Services @ MMH

## WHAT IS RADIOLOGY?

Radiology is a medical specialty that employs imaging technology for diagnosing and treating diseases, divided into diagnostic and interventional radiology.

Radiologists interpret medical images from tests like X-rays, MRIs, Ultrasounds, CT scans, and PET scans to support diagnoses and provide reports to physicians. It plays a critical role in areas such as surgery, pediatrics, oncology, and emergency medicine.

## **OUR ADVANTAGE**

Take advantage of a comprehensive array of services often lacking in rural areas, and rely on our devoted team to deliver exceptional support and care!

Early and accurate diagnoses, particularly in cancer, can be life-saving, highlighting the diverse applications of radiology.

### WHY CHOOSE US?

Discover the unparalleled convenience of accessing state-of-the-art imaging services right in your neighborhood with the MMH Radiology Team!

- 1 Digital Xray
- 64-slice Cat Scan Calcium Scoring & Low
  Dose Chest Screening
- 3 3D Mammography Screening & Diagnostic, in-house, including Breast Ultrasound

## WHAT WE OFFER

Benefit from an extensive range of services typically unavailable in rural settings, and trust our dedicated team to provide you with the highest level of support and care! Services such as:

- Ultrasound OB 1st, 2nd, 3rd trimester,
  Pre-pregnancy (fertility),
  GYN
- 5 ECHO, Vascular, General & Breast
- 6 MRI 1.5T is a permanent machine

For more information, contact the MMH Team today at P: 970-854-XRAY(9729)! F: 970-854-4370

